

# SIT-STAY FOR GREETING



**GOAL:** At the end of training, the dog will sit when people approach & stay seated for up to 5s while being petted.

*This plan is for social dogs who are excited and jump on on people who approach to say hello. This plan isn't appropriate for dogs who are fearful of people.*

## NOT TO FORGET:

Complete the Basic Sit-Stay Plan before moving to this plan.

## HOW TO USE THIS PLAN:

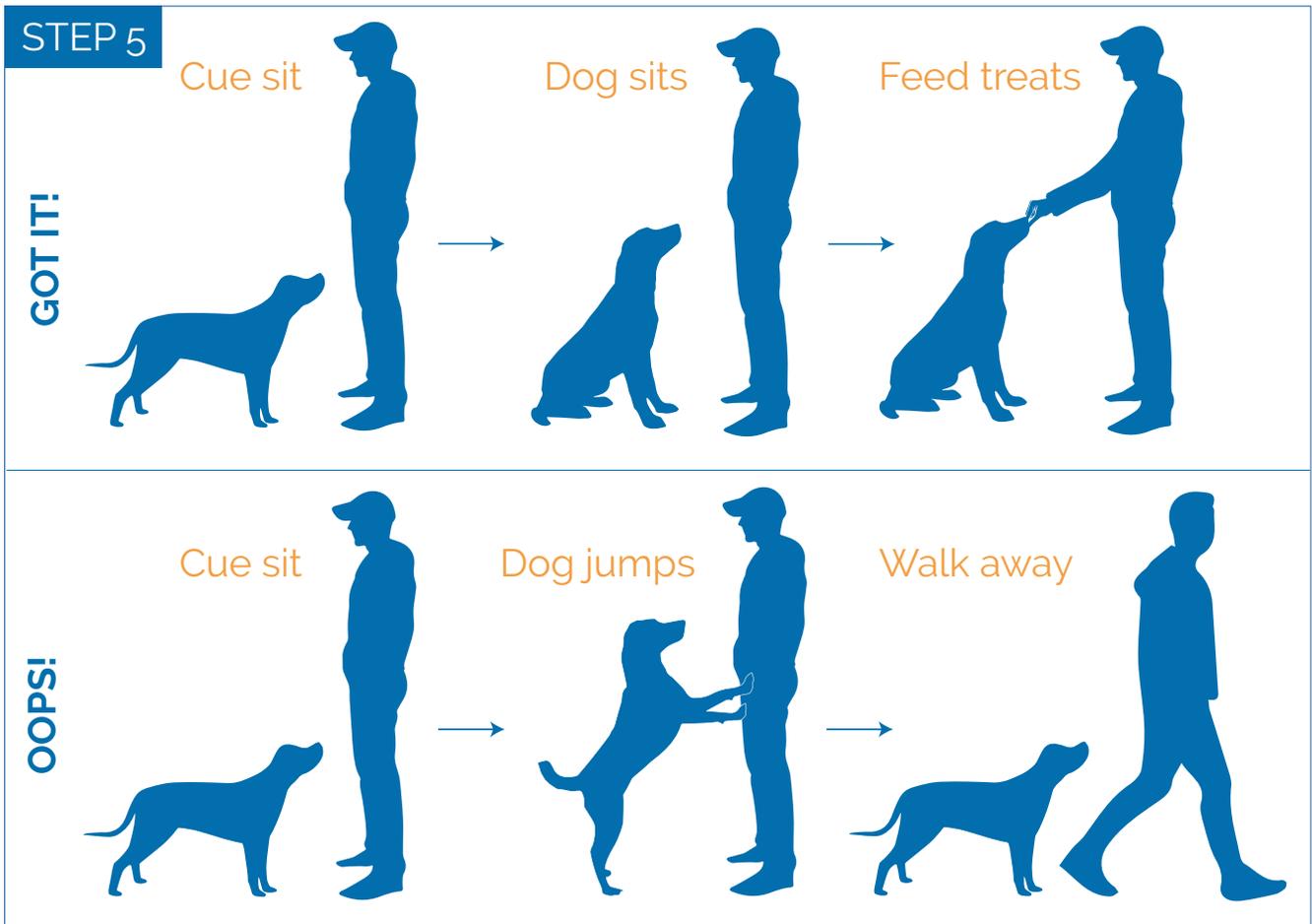
- For steps 2-4 ask for a sit, then proceed with the distraction. It can be helpful to have the dog tethered.
- For steps 5 on, cue the sit AFTER the dog sees the person approaching.
- For each step, give the cue once as directed (food lure, hand signal, verbal cue etc). If dog gets it right (gives the desired behavior), feed him the treat. If not, wait a few seconds to give him a chance to respond. If after that he does not, or if he walks away or does something else, get dog's attention and try again. If the dog jumps on a person, have the person move away from the dog immediately. If that isn't possible, move the dog away from the person, then try again.

## GRADING RULES:

- If the dog gets it right 4 or 5 out of 5 times, move to the next step.
- If the dog gets it right 3 out of 5 times, repeat the current step.
- If the dog gets it right 2 or fewer times of 5, drop to the previous step.
- "Getting it right" means the dog holds the sit throughout the duration of the distraction.

## THE PLAN:

Step	What the dog needs to do to get treats	# right
1	Complete basic sit-stay plan	
2	Bounce a ball next to dog 3x	
3	Do 3 jumping jacks next to dog	
4	Toss treats onto the ground (don't let the dog get it!)	
5	Familiar person approaches, cues sit, feeds treat	



*For the following steps, cue the sit AFTER the dog sees the person approaching.*

Step	What the dog needs to do to get treats	# right
6	Familiar person approaches, cues sit, pets for 5s (if dog likes petting)	
7	New person approaches, cues sit, feeds treat	
8	New person approaches, cues sit, pets for 5s	
9	Another new person approaches, cues sit, pets for 5s	
10	One-off repetitions (15 min. or more apart): new people approach, cue sit, pet for 5s	
11	Repeat step 10 with as many different people & in as many different locations as possible	